

Take joint comfort to a whole new level.

1MD  
EasyFlex

# CONGRATULATIONS! YOU ARE 15 DAYS AWAY FROM MAJOR JOINT RELIEF!



3 clinically-researched ingredients



Start seeing results in as little as 7 days



Easy once-a-day formula



Powerful joint support aids comfort, flexibility, and mobility

**87%**

reported **joint relief** in 2 weeks

**94%**

reported powerful **joint comfort** in 6 weeks

**96%**

would **recommend** to a friend or family



## Why EasyFlex?

"EasyFlex contains a **powerful blend** of patented joint-supporting ingredients that have helped thousands of patients, including myself." - **Dr. Michael Fenster, MD**

Visit [1MD.org/club](https://1MD.org/club) for your comprehensive Joint Health Guide

1MD

Your Health. Our Mission.

THE  
**EasyFlex**  
15-DAY  
TRIAL



Track your daily progress below.

**EasyFlex by 1MD** is a revolutionary once-a-day supplement containing three clinically-studied ingredients, proven to promote optimal joint health. Doing this one simple daily task could change your life. We dare you.

**DAY 1**

- I deserve a more active life
- Took capsule #1

**DAY 2**

- I know I can do this
- I am my only limit

**DAY 3**

- I feel hopeful
- Took #3 this morning

**DAY 4**

- I'm so excited
- Checking things off

**DAY 5**

- Don't give up
- Once a day is easy

**DAY 6**

- I'm already feeling better
- Write a reminder to take #7

**DAY 7**

- I feel stronger today
- Take a walk outside

**DAY 8**

- I'm proud of myself
- Made it through week 1

**DAY 9**

- I feel even better than yesterday
- Took #9, I'm on a roll

**DAY 10**

- I feel more alive
- Small tasks are easier

**DAY 11**

- I see new hope on the horizon
- I'm sticking with it

**DAY 12**

- Joint health takes time
- There's no stopping me now

**DAY 13**

- So much better than 12 days ago
- Take the stairs

**DAY 14**

- Keep pushing for progress
- There are no excuses

**DAY 15**

- Joint comfort will be my new normal
- My 30-day supply is on its way!

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